

# **How to Access Telemedicine**

When you enroll in any State Health plan (Anthem/Blue Cross Blue Shield, United Healthcare, or Kaiser), you have a *telemedicine option*. That means you can get a diagnosis & prescription from home, work, or on-the-go without going to a doctor's office. Instead, you can see and talk to a doctor from your mobile device, tablet, or computer with a webcam. The service is a quick, inexpensive way to get care for common illnesses like cold, flu, sinus infections, rashes, pink eye, etc.

Note: This option is not for treatment of serious or chronic conditions and controlled substances are not prescribed via these visits.

## For Anthem/BCBS

Go to: <a href="https://www.livehealthonline.com">www.livehealthonline.com</a>, or download the LiveHealthOnline App from the App store. Register and set up an online account to get started!

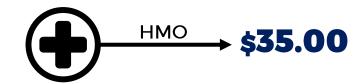
#### For United Healthcare

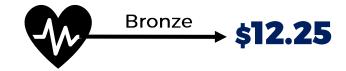
Go to: <a href="www.myuhc.com">www.myuhc.com</a> and register if you haven't already. Once you're logged into your account, you can register for virtual visits.

### For Kaiser

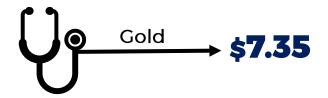
Call 404-365-0966 or 800-611-1811 to get started – no need to register.

#### What does a virtual visit cost?









Be sure to have your insurance card and payment handy when you're ready to sign up!